

Activities Calendar Feb 2018

Sun	Mon	Tue	Wednesday	Thu	Friday	Sat
			Daily general knowledge and word quizzes; coffee and chat; topics of interest discussions		Daily general knowledge and word quizzes; coffee and chat; topics of interest discussions	
				1	2 Dancing fun with Rex Short story Gemma's nail painting or bowls	3
4	5	6	7 Sara's music workshop Poetry of love Charades and Articulate quiz	8	9 Strengthening session Who wants to be a millionaire? Sing the oldies	10
11	12	13	14 Pancake races Exmoor video Snowdrop Valley trip out Afternoon bowls	15	16 Pancake races West country video Snowdrop Valley trip out Articulate or Rummikub	17
18	19	20	21 Service with Wendy Basketball challenge Cyril's music	22	23 Strengthening session Animal story Beetle drive and bowls	24
25	26	27	28 Strengthening session Gordon reads Jan Stewart Balloon swatting & other games			

Menu

Week 1	Week 2	Week 3	Week 4	Week 5
	Wed 7 th February	Wed 14 th February	Wed 21 st February	Wed 28 th February
	Fish and Chips	Liver and Bacon Casserole	Roast Pork with Apple Stuffing	Chicken and Mushroom Stroganoff
Fri 2 nd February	Fri 9 th February	Fri 16 th February	Fri 23 rd February	
Turkey and Ham Pie	Roast Chicken with Stuffing	Home Made Lasagne	Baked Fish Fillet with Prawn Sauce	

Dislikes from the questionnaire will be catered for.