

## Activities Calendar August 2018

Sun	Mon	Tue	Wednesday	Thu	Friday	Sat
			Daily general knowledge and word quizzes; coffee and chat; topics of interest discussions		Daily general knowledge and word quizzes; coffee and chat; topics of interest discussions	
			<b>1</b> <b>Ball toss</b> <b>Kurling (yes, with a "K"!)</b> <b>Trivia game</b>	2	<b>3</b> <b>Drawing session</b> <b>Church service with Wendy</b> <b>Bowls and news chat</b>	4
5	6	7	<b>8</b> <b>Cherrie history talk</b> <b>Jeopardy game</b> <b>Basketball</b>	9	<b>10</b> <b>The 1940's-Music card game</b> <b>Story corner, reminiscence</b> <b>Drama and games</b>	11
12	13	14	<b>15</b> <b>Beetle drive</b> <b>Strengthening exercises</b> <b>Health corner/gardening</b>	16	<b>17</b> <b>Garden dice game</b> <b>Dancing fun</b> <b>Sorry game and news chat</b>	18
19	20	21	<b>22</b> <b>Indoor golf</b> <b>Reminiscence session</b> <b>Musical balloon swatting</b>	23	<b>24</b> <b>Hawaiian Party-</b> <b>Beach ball, coconut shy, pin the</b> <b>coconut on the tree etc</b>	25
26	27	28	<b>29</b> <b>Craft-lavender bags</b> <b>Shut the box game</b> <b>Bring and buy sale</b>	30	<b>31</b> <b>Strengthening exercises</b> <b>Crazy pasta auction</b> <b>Bingo</b>	

# Menu

<b>Week 1</b>	<b>Week 2</b>	<b>Week 3</b>	<b>Week 4</b>	<b>Week 5</b>
Wed 1 <sup>st</sup> August	Wed 8 <sup>th</sup> August	Wed15 <sup>th</sup> August	Wed22 <sup>th</sup> August	Wed29 <sup>th</sup> August
<b>Homemade Beef Lasagne</b>	<b>Roast Chicken and Stuffing</b>	<b>Beef Casserole with Herby Dumplings</b>	<b>Cottage Pie</b>	<b>Baked Fish with Prawn Sauce</b>
Fri 3 <sup>th</sup> August	Fri 10 <sup>th</sup> August	Fri 17 <sup>th</sup> August	Fri 24 <sup>th</sup> August	Fri 31 <sup>th</sup> August
<b>Pork Steak with White Wine and Mushroom Sauce</b>	<b>Sausages with Mustard Mash and Red Onion Gravy</b>	<b>Fish and Chips</b>	<b>Gammon with Pineapple</b>	<b>Sweet and Sour Chicken with Rice</b>

Dislikes from the questionnaire will be catered for.