

# Activities Calendar May 2018

Sun	Mon	Tue	Wednesday	Thu	Friday	Sat
			Daily general knowledge and word quizzes; coffee and chat; topics of interest discussions		Daily general knowledge and word quizzes; coffee and chat; topics of interest discussions	
		1	<b>2</b> Flexercise and brain games Beanbag targets Crazy pasta auction	3	<b>4</b> Team dice racing Workplace memories Sing the oldies	5
6	7	8	<b>9</b> Strengthening session Sing the oldies Gemma's nail painting or bowls	10	<b>11</b> Basketball challenge Container garden updates Cyril's songs	12
13	14	15	<b>16</b> Singing with Barrie Leete Container garden updates Musical balloon swat/ bowls	17	<b>18</b> Strengthening session Action charades Iver's Philippines slideshow	19
20	21	22	<b>23</b> Tracey's chair stretching Good news stories Bingo afternoon	24	<b>25</b> Local news discussion Dancing fun Bowls or board games	26
27	28	29	<b>30</b> Who wants to be a millionaire? Ball toss Beetle Drive and bowls	31		

# Menu

<b>Week 1</b>	<b>Week 2</b>	<b>Week 3</b>	<b>Week 4</b>	<b>Week 5</b>
Wed 2 <sup>nd</sup> May	Wed 09 <sup>th</sup> May	Wed 16 <sup>th</sup> May	Wed 23 <sup>th</sup> May	Wed 30 <sup>th</sup> May
<b>Gammon with Pineapple</b>	<b>Fish and Chips</b>	<b>Chicken Casserole</b>	<b>Corned Beef and Potato Pie</b>	<b>Cottage Pie</b>
Fri 4 <sup>th</sup> May	Fri 11 <sup>th</sup> May	Fri 18 <sup>th</sup> May	Fri 25 <sup>th</sup> May	
<b>Sausages, Mustard Mash and Onion Gravy</b>	<b>Pasta Bolognese</b>	<b>Roast Pork with Apple Sauce</b>	<b>Chicken in White Wine and Mushroom Sauce</b>	

Dislikes from the questionnaire will be catered for.